

# Coleridge Community Action

Your local area is working together  
to tackle the coronavirus crisis.



# DO YOU NEED HELP?

Contact us if you are vulnerable or self-isolating and need help, such as deliveries of food or medicine, errands run, or someone to talk to over the phone.

**Call us on  
(01223) 641 021**

**or email us at:  
coleridgeCOVAID@stm.org.uk**

## **If you would like to offer help**

We need people to deliver food,  
make calls and organise support.

**Please email us at:  
ColeridgeCOVAID@stm.org.uk**

From Coleridge Community Forum and St Martin's Church working with residents associations, your ward councillors and other volunteers to create a strong local network.

**For more information see [www.coleridgecommunityforum.org](http://www.coleridgecommunityforum.org)**